

**The**  
**Real Costs of War:**  
**Public Talk & Discussion**  
**with Claude AnShin Thomas**  
**Author of**  
***At Hell's Gate-***  
***A Soldier's Journey from***  
***War to Peace***



**Tuesday, December 6th**  
**12:00 – 1:30**

**Laney College**

**Student Center 401**

Claude AnShin Thomas is a Vietnam Veteran and Zen Buddhist monk. He is the founder of the Zeltho Foundation, a non-profit aimed at promoting nonviolence and change in and among individuals, families, societies and countries.

For more information about this event, please contact:  
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